

Tentative Conference Schedule

Conference schedule

MORNING SCHEDULE (10 am - 12 pm)

- Morning group for New Participants: Study of presented case
- Morning Group for Returning Participants: Participant's cases

AFTERNOON SCHEDULE (1 - 5:15 pm)

Monday (March 1)

- 1 - 3pm: Etiology of Pathology - how pathogenic beliefs are formed
- 1 - 3pm: Men Will Be Men? A CM Perspective on Sexual Arousal
- 3:15 - 5:15 pm: Cross-cultural Perspectives and CMT
- 3:15 - 5:15 pm: Plan Formulation Method as applied to a Psychobiography of Toulouse Lautrec
- 5:15 - 6:00pm: **Welcome reception**

Tuesday (March 2)

- 1 - 3 pm: Plan Formulation from a Control Mastery Perspective
- 1 - 3pm: Using the Therapist as a Tool
- 3:15 - 5:15 pm: Couple Therapy
- 3:15 - 5:15 pm: Solving Parent and Adult Child Conflicts

Wednesday (March 3)

- 1 - 3 pm: Dreams
- 1 - 3pm: Rapidly Identifying the Patient's Problems and Goals
- 3:15 - 5:15 pm: How Patients Test
- 3:15 - 5:15 pm: Evolution of Human Cooperation as Applied to Therapy/Relationships
- 5:15 - 6:00 pm: Conference feedback
- 6:15 - 8:30pm: SFPRG at the movies: Bergman's Wild Strawberries

Thursday (March 4)

- 1 - 3 pm: Lou Breger on his recent book on Freud: *A Dream of Undying Fame: How Freud Betrayed his Mentor and Invented Psychoanalysis*
- 3:15 - 4:30 pm: Individual Case Consultations & Research Consultations (**Let the office know your interest when registering— must be booked in advance**)
- 3:15 - 5:15 pm: Uses and Misuses of Control Mastery (and other modalities) in the Treatment of Children and Adolescents

Friday (March 5)

- 1 - 3 pm: On Psychotherapy Technique
- 1 - 3pm: CMT and Thomas Joiner's work on Suicidality
- 3:15 - 5:15 pm: Treatment by Attitudes
- 3:15 - 5:15 pm: Children and Altruism
- 5:30 - 7 Reception at #10 Funston**
Wine and Hors d'œuvres in waiting room of 10 Funston. All conference participants and all SFPRG members welcome.

San Francisco Psychotherapy Research Group

23rd Annual International Conference on
Control Mastery Theory

March 1 - March 5, 2010

Monday — Friday 10am - 5:15pm

The Presidio, 9 Funston Avenue, San Francisco, CA 94129

Conference Information

Morning Sessions

The two-hour morning sessions will use case transcripts to illustrate the theory and show its clinical applications. Separate sessions will be offered for returnees and for first-time Conference participants. Returning participants can present their own case material in the morning group.

A 2-hour morning session is followed by a lunch break and then two 2-hour afternoon sessions each day.

Afternoon Sessions

Theoretical Discussions

The two-hour afternoon sessions will include discussions of the core precepts of control mastery theory including the etiology of pathology, plan formulations, and testing

Clinical Applications

In small case conferences, Control Mastery theory will be applied to treatment of adults, children, adolescents, difficult cases, persons in crisis, and couple therapy. Participants are encouraged and invited to present their own cases in many of the classes.

Control Mastery Case Consultation

We will again offer the chance to have a no fee private 70-minute case consultation with a Control-Mastery therapist. We will arrange these consultations for Thursday, March 2nd from 3:15 until 4:30 p.m. If you are interested in a consultation, please check the box on the registration form. In addition, those interested in research may sign up for consultation with Control Mastery researchers.

Target Audience

Intermediate and advanced level mental health clinicians; therapists interested in psychotherapy research; mental health educators. Students and interns are also welcome.

Educational Objectives

Participants will learn:

- How to understand the role of trauma in the development of psychopathology;
- How pathogenic beliefs develop;
- How to develop a plan formulation;
- How patients test their therapists;
- How to apply Control Mastery theory to a variety of patient populations and treatments;
- How Control Mastery was developed and empirically investigated.

Up to 30 Continuing Education Credits available (Additional 6 hours at the Intro to CMT on Saturday February 27, 2010)

L.C.S.W.s/M.F.C.C.s: SFPRG is a provider approved by the Board of Behavioral Sciences, Provider Number PCE104, for CE credit on an hour-for-hour basis.

PSYCHIATRISTS: SFPRG is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. SFPRG takes responsibility for the content, quality and scientific integrity of this CME activity. Physicians attending this Workshop may report, on an hour-for-hour basis, AMA PRA Category 1 credit.

PSYCHOLOGISTS: SFPRG is approved by the American Psychological Association to sponsor continuing education for psychologists. SFPRG maintains responsibility for these programs and their contents.



Conference Registration

Name _____ Degree _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

I would be interested in a no fee case consultation on Thursday afternoon, March 4th.

Before 2/25/10 After 2/26/10

Non-Member*	\$550	\$600
Member	\$425	\$475
Students	\$200	\$225

Each course may be taken individually

\$60 non members; \$45 members; \$25 students

Intro to Control Mastery course on Feb 27th 6 hours of CE credit, may be taken alone or as an addition to the week. **Add \$50 to your total registration if you wish to register for this course. \$20 for Students.**

*MEMBERSHIP

Join today for \$75 and pay member rate!

Regular dues: \$175- Member, \$350- Supporting Member, \$500- Sustaining Member, \$50- Student/Interns. Ask for details. SFPRG membership dues are tax deductible.

TOTAL \$ _____

Please make all checks payable to SFPRG

MAIL TO: SFPRG
9 Funston Avenue
San Francisco, CA 94129

To pay by VISA or MC please go to www.sfprg.org